

Welcome to Preschool 1

We are so excited to have your child in our Preschool Room! Click here to take a look at our room. The educators in the room are Sandra, Chatezz and Precious. We have plenty of fun activities planned for your Children! Please be sure to provide the following items seasonally:

PLEASE BRING - SPRING/SUMMER	PLEASE BRING - FALL/WINTER
Splash Pants / Rain Boots	Snow Suits (winter jacket, snow pants)
Closed Toe Shoes (Not Opened Toe)	Indoor Shoes
Sun Screen	Winter Boots
Summer Hat / Sunglasses	Extra Mittens
Light Jacket / Rain Jacket	A Warm Hat & Neck Warmer (scarves may pose a hazard)
Change of Clothes (underwear, socks, shorts / pants, shirts, sweater)	Change of Clothes (underwear, socks, pants, shirts, sweater)
Bathing Suit & Towel	Diapers and Creams (if necessary)
Diapers and Creams (if necessary)	Reusable Water Bottle
Reusable Water Bottle	Family Picture
Family Picture	Blanket for Nap Time (Daycare will provide blanket if one isn't brought from home)
Blanket for Nap Time (Daycare will provide blanket if one isn't brought from home)	

Creative materials will be available throughout the day in individual bins, should a child wish to use them. Each child will be provided with their own sensory baskets, along with their own class-made sensory items examples I Spy bottles, liquid bottles and watch me grow. We have new and interesting individual activities as their own picture puzzle, wooden letter name puzzles and all about me book as well as group led activities available throughout the room, with the areas and/or toys being cleaned immediately after each child's use or participation. Group activities will be done in a socially distanced manner wherever possible.

Documentation/observations will be on HiMama daily - at least one picture of your child participating in an activity each day will be uploaded, along with an indication of the skills they are using and developing during that activity. You can also message us and we will do our best to respond in a timely manner. For an immediate response, please call the office and they will be sure to pass on the message or connect you to our room. Please feel free to contact us should you have any questions or concerns.

Preschool 1 Team.

Sandra, Chatezz and Precious

We look forward to seeing you all soon!

Daily Schedule- Spring/ Summer

7:00 - 7:30 AM Program Set Up	Clean / Sanitize / Retrieve sanitized toys / Set up Programming - Cognitive, Creative & Block Area set up and available for play - each toy & area sanitized after each use.
7:30 AM	Start accepting & welcoming students.
8:00 - 8:30 AM	Morning Snack is offered - At a designated area, sanitized after each use - children socially distanced while eating / hands washed before & after eating.
8:30 - 9:20 AM	Activities available throughout the room - Smaller tables set up for independent play & activities set up at larger tables with Teachers to assist (2 large tables with different small group activities available at both).
9:20 - 9:40 AM	Circle Time - Children grab individual circle mats to sit on the floor. Story read & language / movement activity done in large groups.
9:45 - 10:00 AM	Washroom Routine - Get ready for outside.
10:00 - 10:50 AM	Outdoor Free Play & Planned activity for gross motor *weather permitting. If unable to go outside an alternative gross motor activity will be done in the classroom. Furniture is moved to make space for play. The hallway, breezeway and gym can also be used when available.
10:50 - 11:00 AM	Class is split into two groups - the first group goes inside and gets undressed and washes hands for lunch. The second group follows 5 minutes after.
11:00 - 11:30 AM	Lunch is served - children sit at tables, socially distanced, with their small groups.
11:35 - 11:50 AM	After lunch, children use the washroom, clean their faces & wash their hands and choose a book to read on their beds to prepare for nap time.
11:50 AM - 2:00 PM	An audio story is played for the children to listen to if they choose not to take a book from the bookshelf. At 12:00 PM, quiet resting music is played while the children begin to settle. Any child that does not want to sleep is offered a quiet activity (book, puzzle, puppet).
2:00 - 2:15 PM	Children begin to wake up and put their daycare provided blankets in the wash bin, as well as put their books in a bin to be cleaned. Each child uses the washroom.
2:15 - 3:00 PM	Children sit at large tables in two small groups - A Teacher led, planned activity is done (creative, sensory, science) with both groups. Two activities done if time is permitted (example - one science, one creative).
3:00 - 3:30 PM	Afternoon Snack is Served - Hand Washing routine done before and after. Children sit at large tables, socially distanced, in two small groups with Teachers.
3:30 - 3:50 PM	Circle Time - Children grab individual circle mats to sit on the floor. A story is read or a group game is played.
3:50 - 4:00 PM	Washroom Routine - Get ready for outside.
4:00 - 5:00 PM	Outdoor Free Play & Planned activity for gross motor *weather permitting. If unable to go outside an alternative gross motor activity will be done in the classroom. Furniture is moved to make space for play. The hallway, breezeway and gym can also be used when available.
5:00 - 5:05 PM	Teachers sanitize and put away toys. Remaining children are brought inside (depending on daylight).
5:05 - 5:30 PM	Children wash hands and sit at tables for a creative, sensory or manipulative activity.
5:30 - 6:00 PM	Sanitize all areas of classroom, washroom and cubbies. Sanitize any toys and materials that were used throughout the day.

Daily Schedule- Fall/ Winter

7:00 - 7:30 AM Program Set Up	Clean / Sanitize / Retrieve sanitized toys / Set up Programming - Cognitive, Creative & Block Area set up and available for play - each toy & area sanitized after each use.
7:30 AM	Start accepting & welcoming students.
8:00 - 8:30 AM	Morning Snack is offered - At a designated area, sanitized after each use - children socially distanced while eating / hands washed before & after eating.
8:30 - 9:20 AM	Activities available throughout the room - Smaller tables set up for independent play & activities set up at larger tables with Teachers to assist (2 large tables with different small group activities available at both).
9:20 - 9:40 AM	Circle Time - Children grab individual circle mats to sit on the floor. Story read & language / movement activity done in large groups.
9:40 - 9:50 AM	Washroom Routine - One group gets ready to go outside.
9:50 - 10:00 AM	Washroom Routine - Second group gets ready to go outside.
10:00 - 10:50 AM	Outdoor Free Play & Planned activity for gross motor *weather permitting. If unable to go outside an alternative gross motor activity will be done in the classroom. Furniture is moved to make space for play. The hallway, breezeway and gym can also be used when available.
10:50 - 11:00 AM	Class is split into two groups - the first group goes inside and gets undressed and washes hands for lunch. The second group follows 5 minutes after.
11:00 - 11:30 AM	Lunch is served - children sit at tables, socially distanced, with their small groups.
11:35 - 11:50 AM	After lunch, children use the washroom, clean their faces & wash their hands and choose a book to read on their beds to prepare for nap time.
11:50 AM - 2:00 PM	An audio story is played for the children to listen to if they choose not to take a book from the bookshelf. At 12:00 PM, quiet resting music is played while the children begin to settle. Any child that does not want to sleep is offered a quiet activity (book, puzzle, puppet).
2:00 - 2:15 PM	Children begin to wake up and put their daycare provided blankets in the wash bin, as well as put their books in a bin to be cleaned. Each child uses the washroom.
2:15 - 3:00 PM	Children sit at large tables in two small groups - A Teacher led, planned activity is done (creative, sensory, science) with both groups. Two activities done if time is permitted (example - one science, one creative).
3:00 - 3:25 PM	Afternoon Snack is Served - Hand Washing routine done before and after. Children sit at large tables, socially distanced, in two small groups with Teachers.
3:25 - 3:45 PM	Circle Time - Children grab individual circle mats to sit on the floor. A story is read or a group game is played.
3:45 - 3:55 PM	Washroom Routine - One group gets ready to go outside.
3:55 - 4:05 PM	Washroom Routine - Second group gets ready to go outside.
4:00 - 5:00 PM	Outdoor Free Play & Planned activity for gross motor *weather permitting. If unable to go outside an alternative gross motor activity will be done in the classroom. Furniture is moved to make space for play. The hallway, breezeway and gym can also be used when available.
5:00 - 5:05 PM	Teachers sanitize and put away toys. Remaining children are brought inside (depending on daylight).
5:05 - 5:30 PM	Children wash hands and sit at tables for a creative, sensory or manipulative activity.
5:30 - 6:00 PM	Sanitize all areas of classroom, washroom and cubbies and materials
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