



Welcome to School-Age 1

Welcome to School-age 1! I would like to introduce myself, my name is Jessica and I am the School-age 1 room's educator. If you would like to learn more about me and my experience in childcare you can view my profile on our [website](#). I am also joined by Amber and Neil. We are all so excited to get to know you.

I hope this letter helps you become better acquainted with the room and how things run. I will start with our daily schedules. Below you will see two daily schedules, one for **NON-INSTRUCTIONAL** days which are PA Days, Summer Camp, March break, and the end of year break. The other is for **INSTRUCTIONAL** days which are the days during the school year that children only come before and after school. Please keep in mind that our schedule has room for flexibility to accommodate inclement weather and children's choice throughout the day. Once the colder weather comes and it starts to get darker out earlier our outdoor time will change.

| PLEASE PROVIDE THESE ITEMS SEASONALLY: | | | |
|--|---|--|---|
| <p>SPRING</p>  | <ul style="list-style-type: none"> - Rain boots - Rain jacket - Warm jacket - Hat - Light mittens - Sweater - Splash pants - Indoor shoes - Water bottle | <p>FALL</p>  | <ul style="list-style-type: none"> - Hat - Sweater/ fall coat - Boots or shoes with warm socks - Scarf - Water bottle |
| <p>SUMMER</p>  | <ul style="list-style-type: none"> - Hat - Sunglasses - Sunscreen - Water bottle - Swimsuit/trunks - Towel - Closed toe sandals - Water shoes (optional) - Extra change of clothes | <p>WINTER</p>  | <ul style="list-style-type: none"> - Coat - Hat - Boots - Indoor shoes - Mittens x2 (extra in case one pair gets wet) - Scarf - Extra socks (in case one pair gets wet in their boots) |

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HIMAMA

At LCCC we use an app called HiMama. This service allows parents to check our program plans, send messages and updates between you, the office, and your child's teacher. The teacher's also will be sending photo documentation throughout the week to you so that you can get an inside look at what your child has been up to. We do ask if you would like to message your child's teacher please keep in mind that the teachers are in a program with the children. We will do the best we can to get back to you in a timely manner but our first priority is the children and running the classroom. If your message is urgent please feel free to contact the office or call the teachers at the centre.

OUR PROGRAM

At LCCC we pride ourselves in offering a high quality program for our children. On instructional days we offer 5 learning experiences (art, language, cognitive, dramatic, science/ sensory) and 2 gross motor activities. On non instructional days we offer the same learning experiences as well as a more advanced activity that we wouldn't have time to do during just the before and after school program. In SA1 we work hard to make sure the children are involved in the planning process. Children are encouraged to give their ideas and the educators take that idea and expand on it to make fun educational activities. **We continue to wear masks indoors and out as TPH recommends. Please send your child with at least 2 masks so they are able to change them if they become soiled.**

Thank you,
Jessica Murray RECE

SCHEDULE - NON-INSTRUCTIONAL

| | | | |
|--------------|--|-------------|--|
| 7:00-7:30 | Educators do enhanced cleaning | 12:00-12:30 | quiet activities Teachers clean and set up for afternoon activities |
| 7:30-8:30 | -Welcome Children/ wash hands - Serve morning snack -Individual activities | 12:30- 2:00 | afternoon activities - art - Science - Cognitive - Building - Language - Dramatic |
| 8:30- 9:30 | Wash Hands Morning activities - individual art bins - Table toy activities - Individual activities | 2:00-2:15 | clean up activities |
| 9:30- 9:45 | Clean up activities | 2:15- 2:45 | outdoor play / gross motor activities |
| 9:45-10:00 | wash hands and get ready for outdoor play | 2:45-3:00 | come inside/ undress Wash hands |
| 10:00- 11:00 | Outdoor Play/ Morning gross motor activities | 3:00-4:30 | serve afternoon snack Afternoon activities - art - Cognitive - Science - Building - Language |
| 11:00-11:15 | Come inside from outdoor play Undress Wash hands | 4:30-5:15 | clean up Get dressed for outdoor play Gross motor activities |
| 11:15-12:00 | serve lunch Clean up lunch Wash hands | 5:15-5:30 | quiet activities Children are picked up to go home |
| | | 5:30-6:00 | Teachers do enhanced cleaning |

SCHEDULE - INSTRUCTIONAL DAY

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|------------------|--|------------------|---|
| 7:00-7:30 | Teachers do enhanced cleaning | 3:15-4:45 | <p>School bell rings and teachers dismiss children</p> <p>Lccc staff meet children on playground</p> <p>Attendance/ temperature checks</p> <p>Hand sanitizer</p> <p>Children come in from outside</p> <p>Undress</p> <p>Wash hands</p> <p>circle time/ talk about our days/ discuss what is set up in the room for the afternoon</p> <p>Planned/ individual activities are offered</p> <ul style="list-style-type: none"> - art - science - sensory - language - building - cognitive - dramatic <p>Snack is offered from 3:30-4:30</p> <p>4:45 we start to clean up and transition to outdoor play for 5:00</p> |
| 7:30-8:00 | <p>Welcome children</p> <p>Children wash hands</p> <p>Serve snack</p> <p>Children wash hands</p> | 5:00-5:30 | <p>Outdoor play</p> <p>planned gross motor activities</p> <p>Children will be allowed to use the climber in the warm months. We rotate with schoolage2 so our times will differ from week to week.</p> |
| 8:00-8:30 | <p>Individual activities for children</p> <p>Individual art bins</p> | | |
| 8:30-8:45 | <p>Children clean up activities</p> <p>Room is put away</p> <p>Children go outside</p> | 5:30 | Centre closed |

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|------------------|---|------------------|-------------------|
| 8:45-8:55 | Children line up in classroom line Bell rings Children escorted to classrooms | 5:30-6:00 | Enhanced cleaning |
| 8:55-3:15 | Children in school | | |